

creating in tandem HEATHER BIANCHI DESIGN



I DESIGN IN TANDEM—TO ACCOMMODATE YOUR NEEDS.

You need a designer who can creatively and skillfully handle a project from conception to completion.

I CAN TAKE THE LEAD.

You need a designer who can follow design standards, an established look or pick up a job mid-way.

I CAN FOLLOW THE LEAD.

You need a partner in creative brainstorming and concept development.

WE LEAD THE WAY TOGETHER.



Lifesavers '25 Conference Suite

Long Beach, California was the host city for the 2025 conference on roadway safety. The Cali vibe is present in all of the event materials: the logo, save the date flyer, postcard, splash screen, entrance unit and registration booth. Other elements designed for the conference (not shown here) include participant badges, web banners, email signatures, exhibit hall floor plan and additional event signage.



THE VALLEY HEART AND VASCULAR INSTITUTE

TAKING STEPS TO ADVANCE HEART CARE LIKE NO OTHER

WINTER 2022



In alliance with



VOTE FOR VALLEY IN THIS YEAR'S U.S. NEWS BEST HOSPITALS SURVEY

Each year U.S. News & World Report asks physicians to cast their votes in its Best Hospitals Survey. Valley has an excellent chance of ranking this year as one of the Best Hospitals for Cardiology & Heart Surgery (one category), but we need your support.

Paper surveys have been permanently retired, and the only way to vote is via Doximity.

If you don't have a Doximity account, registering is quick and easy:

1. Go to [Doximity.com](https://www.doximity.com) (or scan the QR code below)
2. Enter your first and last name on the home screen
3. Click on "find my profile"

Surveys will be available in February. Watch your email and your Doximity profile for the opportunity to vote. As you cast your ballot for cardiology and heart surgery in the U.S. News Best Hospitals survey, please remember to **vote for Valley!**



THE VALLEY HEART AND VASCULAR INSTITUTE

The Valley Heart and Vascular Institute is known for its depth of experience, high-quality care, and its alliance with the world-famous Cleveland Clinic Heart, Vascular & Thoracic Institute. Cleveland Clinic is ranked No. 1 in heart care by U.S. News & World Report (2021-22). Valley's multidisciplinary team approach to care represents a forward-thinking and integrated strategy for the treatment of cardiovascular pathologies that is centered on each individual patient's needs.

We would like to present a snapshot of our cardiovascular program.

For more information about The Valley Heart and Vascular Institute, please visit valleyheart.com/heart.

The Valley Hospital Cardiac Update Mailer

A quarterly mailer was designed to keep the community and cardiology professionals informed about The Valley Hospital's capabilities and achievements. A bold, rectangular framework organizes content into clear snapshots, highlighting the hospital's depth of expertise and commitment to high-quality care.

MEET THE STRUCTURAL HEART TEAM

Valley's multidisciplinary structural heart team provides a collaborative approach to developing individualized treatment plans for each patient, ensuring that all treatment decisions are appropriate after an objective assessment. Our team also benefits from a collaboration with the Center for Comprehensive Heart Failure Care and Advanced Cardiovascular Imaging Program.

Structural Interventionalists



Rajiv Tyagi, MD, MPH
Director, Structural Heart Program and Cardiac Catheterization Laboratory

Francis Y. Kim, MD
Associate Director, Cardiac Catheterization Laboratory

Hussein M. Rahou, MD
Structural Heart Specialist

Cardiac Surgeons



Jason Gray, MD
Director, Catheterization Surgery

Alex Zapolski, MD
Cardiac Surgeon

Habib Jabagi, MD
Cardiac Surgeon

MEET OUR PHYSICIAN TEAM!

To learn more about the program, scan the QR code.



6. To refer a patient to The Valley Heart and Vascular Institute, please call 1-800-VALLEY1 (1-800-825-5393).

INTEGRATED AORTIC PROGRAM

Valley's Integrated Aortic Program is unique in the region both by volume and quality outcomes. Our well-established diagnostic, surgical, and surveillance program offers comprehensive care and education to patients and family members living with aortic aneurysms and acute aortic syndromes. Our aortic aneurysm team has treated a variety of conditions including, aortic root and ascending aneurysms, aortic arch and descending aortic aneurysms, bicuspid aortic valve disease, aortic stenosis and insufficiency, thoracic/abdominal aortic aneurysms, and abdominal aortic aneurysms.

Our team is pleased to welcome cardiothoracic surgeon, Habib Jabagi.

MD, FRCS: Dr. Jabagi specializes in aortic and aortic valve procedures, including open surgical and endovascular techniques including transcatheter aortic valve replacement (TAVR), and thoracic endovascular aortic stents (TEVAR). Dr. Jabagi has completed an Advanced Open and Endovascular Aortic fellowship at the University of Michigan's renowned Frankel Cardiovascular Center, where he spent time perfecting his skills in aortic surgery and treating complex aortic pathologies. Dr. Jabagi is dedicated to providing personalized aortic care, tailored to the unique needs of each of his patients, using the latest and best evidence in aortic surgery.



Rendering of an ascending aortic aneurysm.

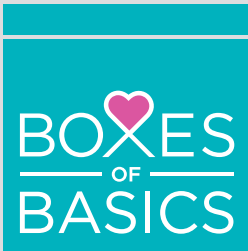
VALLEY CURRENTLY HAS MORE THAN 1,500 PATIENTS UNDER SURVEILLANCE IN THE PROGRAM, RANGING FROM 17 TO 90 YEARS OF AGE.

To learn more about the program scan the QR code.



7. For more information about The Valley Heart and Vascular Institute, please visit valleyheart.com/heart.

THE VALLEY HEART AND VASCULAR INSTITUTE



BOXES OF BASICS

SARAH TYNDALL
Executive Director

571.338.3369
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www.boxesofbasics.org
boxesofbasics

9239 Mike Garcia Dr, Manassas, VA 20109



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ABOUT US

Did you know that parents will spend an average of \$264 on their children's seasonal clothing? But that number is out of reach for many families.

Our mission is to empower kids with seasonal wardrobes packed with love and compassion. We work with school counselors, social workers, faith leaders and human services agencies to provide children with stylish, quality clothing that will give kids confidence and help them thrive!

BOXES OF BASICS YOUR SPRING CLEANING
CAN CHANGE LIVES



Boxes of Basics collects new and gently used children's clothing and carefully curates them into personalized wardrobes for local kids in need. Each box provides well-fitting, stylish outfits to help children feel confident and comfortable as they grow. By repurposing donated clothing, we ensure that every child has access to the basics they deserve.

YOU CAN HELP

- Make a Donation
- Follow us on Facebook @boxesofbasics
- Sort Clothing & Pack Boxes of Basics
- Deliver Boxes of Basics
- Organize a Donation Drive
- Shop our Amazon or Walmart Wishlist
- Become an Ambassador

For volunteering & donation opportunities, visit WWW.BOXESOFBASICS.ORG

WHAT'S IN THE BOX?

Each Box of Basics is lovingly curated by one of our volunteers. Every child receives a full seasonal wardrobe including new socks and underwear, shorts, pajamas, a variety of tops and bottoms to mix, match, and layer and outerwear appropriate to the season. School outfits, play clothes, a dental hygiene kit, age-appropriate book and more, each Box of Basics contains everything a child needs for the season.



Boxes of Basics Branding

A nonprofit providing children in need with seasonal wardrobes. Boxes of Basics wanted its branding to reflect the love and care behind every package. The identity highlights the feeling of receiving a special gift, with logo submarks tailored for boys and girls. The system extended across collateral including stationery, packaging, and fundraising materials.



Red Barn Mercantile Logo

A boutique home store known for offering the “finest mix of the old and new.” The logo reflects this balance, combining classic charm with a modern touch to capture the store’s unique character.

smart
youth
make
safer
communities

Carla..... Age 13
Goughly Educational Center for Liberal Arts and Science
Detroit, MI

"My participation in Teen, Crime, and the Community began when Mr. Lewis Colson, a community leader, came and talked to our school about crime in the community and some of the choices that teenagers have. In order to participate in the program, we had to write an essay explaining why we wanted to participate in TCC. I wanted to do it because I don't live in such a great community. Where I live, there are a lot of problems. Most people don't graduate from high school, and people get up in each others' faces a lot and end up getting hurt. I wanted to do something to help my friends work things out.

Twice a week, we had sessions on conflict management and how to handle tough situations. We acted things out. After learning about how to help people work out conflict, we got involved in peer mediation at our school. I worked with a partner and actually helped resolve conflicts between kids at school. We took turns taking notes and helping those involved talk things through until they could resolve the problem. Working with a partner was helpful. It works well. You really learn how to work together.

The experience helped me learn how to work with people and how to listen to both sides of the story. It helped me develop listening skills that I use with my family and friends. I'll never lose what I learned about helping people work their way through problems. Now, if I get into a conflict with someone, I know when to walk away if the other person isn't willing to work things out.

TCC made a great impact on me. If I see someone arguing now, I don't stand back and watch and say "Ooh," and wait for something to happen, and if I hear about something, I don't sit things up with gossip. What I learned I brought back home and to my friends. A lot of my friends changed because of the program. For instance, one friend decided to try to get into the program because I was doing it. She got in, too. Before, she was always a fighter. Afterwards, she calmed down. Now when she gets into it with somebody, she talks it through or leaves it alone.

It was beneficial to me and would be for anyone who will take the time and effort. TCC gave us good information — that helps a lot. It taught us that things don't have to end in violence."

"It taught us that things don't have to end in violence. "

Gabriel..... Age 14
Picacho Middle School
Las Cruces, NM

"I used to get into trouble — pick on little kids, like a bully. I mind drugs before my mom found out and once in a while hung around with gangs. I got in trouble a lot around my neighborhood.

Typically, it was for breaking things. It's different since I got involved with TCC. I still hang around with some of the same kids because they are in my neighborhood and trailer park, only now if they want to get high, I back away. I don't break things and I don't pick on the little kids any more. Once in a while, I'll act without thinking. The temptation and pressure is still tough. But maybe I'll learn something to help me out in this area in my eighth grade TCC class (which I'll take next year).

Before I did TCC, I never really thought much about the consequences. In TCC, they explained what would happen to me if I did certain things — drugs, graffiti, etc. That makes me think differently. I know how to make choices and decisions now. I am not the same person. My older brother would say I'm not really much of a troublemaker any more.

I told my younger sister about TCC and showed her some material. She thought it was pretty cool and started to study it right away. Now she's in the class. I get to impact the younger kids in my trailer park, too. I tell them not to do certain things and they listen to me.

My mom was really angry when she found out I did some drugs. Now she's happy about what's happening to me. She knows I don't do drugs. But my mom's not stupid; she knows I still hang out with some of the kids in my trailer park. Only now when my friends ask me to get some weed or do something else that's illegal, I say no. Sometimes, they'll join me in doing something else.

Learning about the consequences is what made the difference. When you can see the impact of your actions, you can choose. TCC is a good program and it helps. Everybody should do this program — kids and adults."

"When you can see the impact of your actions, you can choose. "

National Crime Prevention Council TCC Brochure

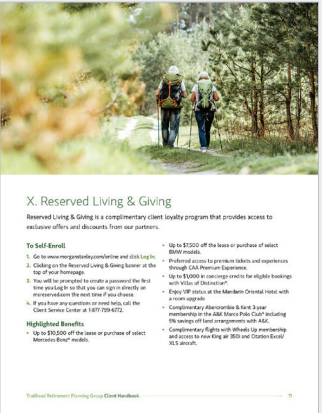
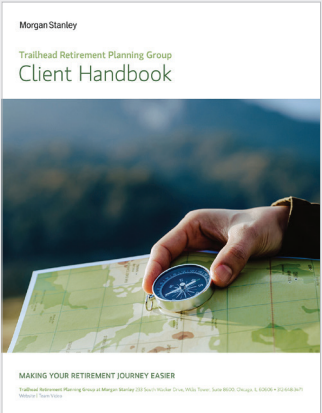
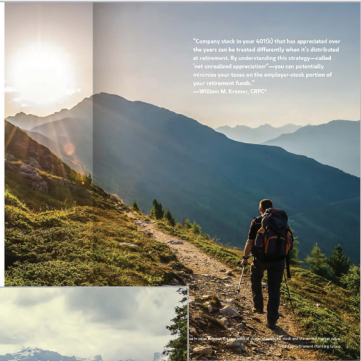
Teens, Crime & The Community (TCC) is a National Crime Prevention Council program designed to empower teens to build safer schools and neighborhoods. The brochure highlights how crime impacts entire communities while encouraging youth to take an active role in prevention.



Focused retirement planning knowledge

While many financial advisors provide retirement planning services, we at Trailhead Retirement Planning Group at Morgan Stanley are among the most focused on retirement.

When working together to create a plan, we take the time to understand your unique goals and needs. Our team of experts provides personalized advice and guidance to help you reach your retirement goals. We work closely with you to understand your unique goals and needs, and we provide personalized advice and guidance to help you reach your retirement goals.



Morgan Stanley (Trailhead) Marketing Suite

Playing off of the name *Trailhead*, this suite uses the visual theme of a hike to unify the materials. The brochure, client handbook, and retirement journey flyer illustrate how the Trailhead team guides clients from their primary careers into a fulfilling and comfortable retirement.





The Tao Institute Logo

The Tao Institute specializes in Qigong, an “internal” martial art that emphasizes inward healing. Their mission is to empower clients to cultivate self-healing, self-empowerment, and overall well-being to enhance quality of life. The logo reflects the connectedness of these three elements.

OUTCOMES MATTER

PROGRAM UPDATES FROM THE VALLEY HOSPITAL'S GAMMA KNIFE CENTER

FACE FACTS ABOUT TRIGEM TREATMENT

With next-generation stereotactic radiosurgery from the Leksell Gamma Knife® Icon™, trigeminal neuralgia has met its match at The Valley Hospital Gamma Knife Center.

Trigeminal neuralgia patients benefit from Gamma Knife's ability to deliver 192 precision-focused beams of radiation directly to the treatment area. This means only the nerves causing facial pain and numbness receive the radiation—not the surrounding healthy areas.

IN A CLASS BY ITSELF
Unlike other forms of stereotactic radiosurgery, Gamma Knife is **exclusively** designed to treat conditions of the head and neck.

Some-day outpatient care | No incision | Conscious sedation | Single session or fractionated treatment

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223

Number of trigeminal neuralgia patients treated at Valley

929

Number of Gamma Knife treatments at Valley since 2011

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TN PATIENT CLINICAL CHARACTERISTICS

Gender	Male	Female
Affected Side	Left 46%	Right 54%

Some-day outpatient care | No incision | Conscious sedation | Single session or fractionated treatment

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7.7 WEEKS MEDIAN TIME TO PAIN RELIEF (ATYPICAL PAIN)

11.9 WEEKS MEDIAN TIME TO PAIN RELIEF (ATYPICAL PAIN)

"I am now experiencing a quality of life that I didn't think was ever possible again."

—Paul, trigeminal neuralgia patient

GAMMA KNIFE STEREOTACTIC RADIOSURGERY OFFERS AN IDEAL ALTERNATIVE TO MEDICATIONS AND SURGERY

Trigeminal Neuralgia Treatment: Your Patients Have Options

MEDICATIONS may lose their effectiveness over time and have side effects.

SURGERY is invasive, not recommended for all patients, and carries some risks.

GAMMA KNIFE is **noninvasive** and **LESS LIKELY** to cause complications

FACE FACTS ABOUT TRIGEM TREATMENT

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—Paul, trigeminal neuralgia patient

PUTTING OUR PATIENTS FIRST

Our fellow physician team is backed by a comprehensive staff team by your patient's side from the first consultation to the day of their procedure.

Guided by Valley's Patient and Family-Centered Care principles, our entire team puts patients and their family members at the center of their care. We help our patients understand what to expect and provide every level of assistance, including emotional support and financial guidance.

Non-Surgical | Local Anesthetic | Hospital Outpatient | Outpatient

FOR TRIGEM AND MUCH MORE
Gamma Knife is also used to treat:

- Axonal Tumors
- Brain Metastases
- Cerebral Aneurysms
- Chiasm
- Chordoma
- Chordoid Meningioma
- Pituitary Tumors
- Skull Base Tumors
- Vascular Malformations (DMS)
- Trigeminal Neuropathy

CONTACT US
to speak to one of our physicians or to refer a patient for Gamma Knife
201.954.6791
ValleyGammaKnife.com

THE VALLEY HOSPITAL GAMMA KNIFE CENTER


Our Team

Supervisors:
Anthony D'Amico, MD
Neurosurgeon
Chad DeYoung, MD
Radiation Oncologist

Neurosurgeons:
William Cobb, MD, PhD
Radiation Oncologists:
Thomas Kozl, MD, PhD
Michael Wilson, MD

Neural Physiatrists:
Kelly Lofquist, BSN, RN, CRRN
Susan Yoon, BSN, RN, CRRN

We're focused on the same thing you are: OUTCOMES.



The Valley Hospital Neurointerventional Services Mailer

This quarterly, barrel-fold mailer reaches out to neurologists and other professionals in the field keeping them updated on The Valley Hospital's capabilities and services. The bold info-graphics provide readers with a snapshot of Valley's impressive statistics.

Bilans Alimentaires du Congo



2014-2019

APPROCHE MÉTHODOLOGIQUE

L'élaboration des Bilans Alimentaires 2014-2019 a été réalisée à l'aide de la nouvelle méthodologie internationalisée destinée à la documentation « Directives pour l'élaboration des Bilans Alimentaires » élaborée en décembre 2007 par la FAO dans le cadre de la Stratégie mondiale pour l'amélioration des situations agricoles et rurales. Cette méthodologie, le travail sur les Bilans Alimentaires de 2009 a été le geste d'élaboration de GTI.

Concrètement, les documents de référence, l'approche et les données sont présentés à l'aide de la nouvelle méthodologie internationalisée destinée à la documentation « Directives pour l'élaboration des Bilans Alimentaires » élaborée en décembre 2007 par la FAO dans le cadre de la Stratégie mondiale pour l'amélioration des situations agricoles et rurales. Cette méthodologie, le travail sur les Bilans Alimentaires de 2009 a été le geste d'élaboration de GTI.

- 21 Données méthodologiques**
- 1) Population du Congo, l'élaboration des Bilans Alimentaires 2014-2019, et le questionnaire pour le groupe de travail.
 - 2) Constitution du Groupe de Travail Technique
 - 3) Méthodologie internationale des Bilans Alimentaires
 - 4) Méthodologie de la FAO des Bilans Alimentaires
 - 5) Colonne des données de base
 - 6) Tableau des données de base
 - 7) Questionnaire pour le groupe de travail
 - 8) Méthodologie et nombre des indicateurs des Bilans Alimentaires
 - 9) Méthodologie de support des Bilans Alimentaires
 - 10) 2014

- 22 Description du Groupe de Travail Technique**
- En vertu de son rôle de chef de file de la Stratégie mondiale pour l'amélioration des situations agricoles et rurales, la FAO a été chargée de coordonner le processus de travail technique. Le Groupe de Travail Technique a été constitué en décembre 2007 par la FAO dans le cadre de la Stratégie mondiale pour l'amélioration des situations agricoles et rurales. Cette méthodologie, le travail sur les Bilans Alimentaires de 2009 a été le geste d'élaboration de GTI.

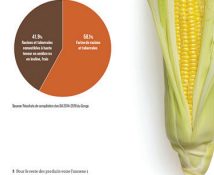
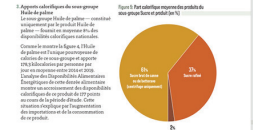


Tableau 1 : Disponibilité caléflavée annuelle par catégorie de produits des filières de base par province (en %)

Province	2014	2015	2016	2017	2018	2019
Province Nord	100	100	100	100	100	100
Province Nord-Ouest	100	100	100	100	100	100
Province Nord-Est	100	100	100	100	100	100
Province Est	100	100	100	100	100	100
Province Centre	100	100	100	100	100	100
Province Centre-Ouest	100	100	100	100	100	100
Province Ouest	100	100	100	100	100	100
Province Sud	100	100	100	100	100	100
Province Sud-Ouest	100	100	100	100	100	100
Province Sud-Est	100	100	100	100	100	100
Province de la Région	100	100	100	100	100	100



Tableau 2 : Part caléflavée des produits de base par province (en %)

Province	2014	2015	2016	2017	2018	2019
Province Nord	100	100	100	100	100	100
Province Nord-Ouest	100	100	100	100	100	100
Province Nord-Est	100	100	100	100	100	100
Province Est	100	100	100	100	100	100
Province Centre	100	100	100	100	100	100
Province Centre-Ouest	100	100	100	100	100	100
Province Ouest	100	100	100	100	100	100
Province Sud	100	100	100	100	100	100
Province Sud-Ouest	100	100	100	100	100	100
Province Sud-Est	100	100	100	100	100	100
Province de la Région	100	100	100	100	100	100

Food Balance Sheet, Republic of Congo—FAO Report

Bilans Alimentaires is a comprehensive overview of The Republic of Congo's food availability. It provides an essential decision-making tool for the government in the implementation of its food and nutrition security policy. This data driven report is easy to read and engaging due to the use of white space, colorful graphs and imagery that has been silhouetted. Each chapter is divided by vibrant patterned photos of food. Because this report is for the Republic of Congo, it is in French.

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